



## COACH PROFILE

### **Burlington Bantam MD Bulldogs**



### **Tim Valters - Head Coach**

**Name:** Tim Valters

**Age:** 43

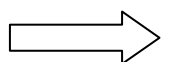
**Hometown:** Hamilton

**Email:** [tvalters@sympatico.ca](mailto:tvalters@sympatico.ca)

**Day job:** President and Chief Operating Officer  
Paradigm/Martin Logan Electronics

**Family:** Alayna (Wife), Jordan (14), Matthew (12), Sarah (8)

**Hockey experience:** 19 years coaching minor hockey, 10 years coaching in Hamilton primarily at the AAA level. Three players I have coached play or have played in the NHL. This will be my fourth season with the Bulldog MD program and ninth with BLOMHA.



## **Coaching philosophy:**

- To have each player develop to the best of their ability and prepare them for the next level of hockey
- To provide practices that are fundamentally sound, that are utilized for instruction and development of player skills and team tactics
- To advance players in team spirit, sportsmanship and effort. Striving to compete, but also learning that there is no shame in losing if you gave your best possible effort
- To create a participative learning environment where each week players advance their knowledge of the game and ask questions where they do not understand
- To teach players respect for their teammates, coaches, referees and opponents
- Overall, to work hard and have fun!

## **Practice tips:**

- Players need to understand first and foremost that they play how they practice and it is important that the effort be there
- This is a contact sport and separating the man from the puck is important with the use of body checking.
- Always do your best on the ice and think about what you are doing, which includes anticipating the play in game situational drills. The improvement in overall play will come naturally!