



## COACH PROFILE

### Burlington Minor Midget MD Bulldogs



### Doug Pladsen - Head Coach

**Name:** Doug Pladsen

**Age:** 47

**Hometown:** Kincardine, Ontario

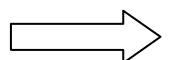
**Email:** [d.pladsen@sympatico.ca](mailto:d.pladsen@sympatico.ca)

**Hockey jobs:** Coach, assistant coach and parent.  
2009-2010 Bantam MD Head Coach  
2008-2009 Minor Bantam MD Head Coach

**Day job:** Work in municipal recreation.

**Family:** Married with 2 children.

**Hockey experience:** I have participated in hockey as a player, referee and coach in addition to watching my children from a parent's perspective.



## **Coaching philosophy:**

I will promote a positive environment with a focus on learning, individual skill development and working cohesively as a team. All individuals involved with the team will respect each other, the game, rules, officials and opponents.

The success of the team will not be solely based on winning but will be measured through the effort and enjoyment by the players and by accomplishing team and individual goals. Both winning and losing present learning opportunities.

Rep hockey demands time, commitment and dedication from players, coaches and parents. Passion, dedication, hard work and commitment will be key characteristics players will possess along with punctuality, attention to details and a cooperative attitude to successfully develop both as an individual and as part of the team.

## **Practice tips:**

Coaches are required to plan and organize a successful practice and communicate effectively.

Players need to focus on effort and intensity. The more you learn about the game the more fun you will have playing hockey.

Parents should observe the effort and improvement of their child and provide positive feedback.