



Trainer Spot Check – Practice • 2005/2006

Date	Time	Arena	
Division	Rep <input type="checkbox"/> Select <input type="checkbox"/> HL <input type="checkbox"/>	Coach	Game No.
Trainer	Certification No.	-TK -	-

- 1) Did the trainer have the following?
- a. Player Information Sheets Yes No
 - b. Blank HCIR & Case Report Yes No
 - c. Hit to the Head Letter Yes No
 - d. Trainer First Aid Kit Yes No
 - e. Ice bags Yes No
 - f. Tool kit Yes No
 - g. Spare parts for helmet Yes No
- 2) Did the trainer have control of the bench? Yes No
- Bench clear of players while zamboni was clearing the ice? Yes No
 - Water bottles off the top of the boards while zamboni was out? Yes No
 - During the practice was the bench clear of parents and spectators? Yes No
- 3) Water bottles
- a. Did the number of water bottles on the bench match the number of players on the ice? Yes No
 - b. Were the bottles numbered or have players' names on them? Yes No
 - c. Did the players share water bottles? Yes No
 - d. Did the trainer supervise the water breaks? Yes No
- 4) Did the trainer remain on the bench for the entire practice? Yes No
- If the trainer left to attend an injured player in the dressing room, was the two-deep rule used? Yes No
 - Was there someone on the bench to get the trainer in case of another injury? Yes No
- 5) Was the trainer attentive? Yes No
- Did he watch the game and the player activity on the ice during the game? Yes No
- 6) Was there a pre-practice stretching or an on-ice stretching routine? Yes No
- 7) Did the trainer respond to all on-ice injuries? Yes No
- If an injury occurred, did the coaching staff keep the other players away from the injured player? Yes No
 - Did the injured player return to practice? Yes No
 - If not, did the trainer do up the correct paperwork for the injury? Yes No
- 8) Was there a Call Person and a Control Person during practice? Yes No
- Were these people watching the practice? Yes No
- 9) Did the players keep their helmets on until they left the ice after the practice ended? Yes No
- Did they leave the ice at the end of practice in a responsible manner? Yes No
- 10) Is the team equipment checks up to date? Yes No
- 11) Is the team replacing first aid supplies as needed? Yes No
- 12) Was the trainer dressed in an appropriate manner, complete with non-slip footwear? Yes No
- Did the on-ice coaches have helmets on and properly done up? Yes No

Notes of interest

This check was performed by _____ Certification No. -TK - _____