

PARENT INFORMATION

TRYOUTS AND HOCKEY CANADA INJURY FORM

We thank all parents for their attention and compliance to the following risk management issues:

1. Water bottles are strongly recommended for all tryout participants. Players may not share water bottles. Bottles are to be labelled with the player's name and jersey number for easy identification on the bench.
2. The bench area is to be supervised by the trainer(s) selected for that team's tryouts. Only the trainer can be on the bench during tryouts. Exceptions will be made during the Novice division water breaks, when parents can assist their child with the water bottle, and during scrimmages or 4-on-4s, when parents are designated by the coach to manage a door.
3. Players will be allowed entry to the bench area once the zamboni has left the ice surface.
4. Players must wear full equipment for the entire practice including helmets, which must be fastened at all times. Jewellery, including piercings, necklaces, watches, rings, etc. are to be removed before practice, and left with a parent for safekeeping.
5. If your child is hurt during a tryout, he or she will be reviewed by the trainer on the bench. If the player is injured and incapable of resuming that tryout, you will be given a **Hockey Canada Injury Report (HCIR)** to take to your physician to complete.
 - The first side of the HCIR report will be filled in and signed by the trainer and must also be signed by you, the parent.
 - The second side of the HCIR can only be filled out and signed by a physician (or dentist, if this injury was a dental related).
 - The completed HCIR must be returned to the trainer before your child can resume tryouts.
 - Completed HCIR forms are to be submitted to the BLOMHA office for processing.