

November 14th & 15th is Picture Day!

Pictures are held in the Auditorium at Central Arena. The schedule is available by clicking the link below.

[Picture Day Schedule](#)

Extra Ice

Extra Ice is available through BLOMHA. Dates and Times can be found on the BLOMHA Website by following this link.

<http://www.blomha.on.ca/2007/iceforsale.html>

Interested In Becoming A Trainer?

One more trainer course is coming up on November 21st. Make sure to register early!

[REGISTRATION FORM](#)

Tips To Protect Your Hockey Player From The Flu

1. Parents are urged to keep their children away from the hockey environment if they are showing any signs of infectious disease or virus. Players should be fully recovered prior to returning to play.
2. Players are encouraged to frequently wash with soap and water after handling hockey equipment. Teams are encouraged to carry extra hand sanitizers as not all arenas have this readily available.
3. Talk to your players about covering their coughing or sneezes with their arm as opposed to their hands.
4. Advise the players to try and not touch their own mouths or nose to reduce the chance of them passing an infection on to themselves.
5. Towels should be removed from the benches. Players should not be sharing towels.
6. Most importantly ALL PLAYERS AND BENCH STAFF must have their own water bottle labeled with their name and/or number.
7. Sharing of water bottles should be avoided.

MORE INFORMATION BULLETINS AVAILABLE ON THE [BLOMHA HOMEPAGE](#)



Congratulations to our Bulldogs teams in their recent tournament success.

- ✂ Atom A went undefeated in 5 games before losing a tough battle with Kitchener 3-2 in OT for the Championship of the Oktoberfest Tournament.
- ✂ Minor Pee wee A won the Ron Wilkins Memorial Tournament, hosted by the Burlington Eagles over Thanksgiving Weekend.
- ✂ Pee wee A won the 3 Rivers Cup in Pittsburgh for the 2nd straight year over Thanksgiving Weekend.
- ✂ Pee wee MD travelled to Cleveland last weekend for the Rock n' Roll Cup and went undefeated on their way to hosting the Championship Cup.
- ✂ Bantam MD also travelled to Cleveland last weekend for the Rock n' Roll Cup, had a great time but finished with a tough loss in the semi-finals.



Help BLOMHA fill Hockey Bags with new Unwrapped Toys for Tots!

Bring your new unwrapped toys to Appleby Arena Saturday, December 5th to help BLOMHA fill the Hockey Bags!